Welcome to Excellent Care

We are pleased that you have chosen Lakes Surgery Center for your surgery or procedure. The Lakes physicians and staff are dedicated to providing high quality, cost-effective and compassionate surgical care to our patients and families. Our caring and highly trained professional staff offer superior quality surgical care in a friendly, stress-free and home-like setting in our outpatient center. We value your personal choice for surgical care and strive to exceed your expectations. As we focus on your individual needs, we encourage you to share any preferences, concerns or special considerations to help us provide you with the best possible care.

Committed to Excellence Through Teamwork!

Patient Responsibilities

After your surgery has been scheduled, a registered nurse will call you to review your prior medical history for preoperative planning. Surgery schedules often change. If you have not heard from our nursing staff, please call 248-896-6300 at least one business day before your surgery to verify your arrival time.

To ensure your surgery/procedure can be performed, please follow these safety rules:

Food and Drink: Do not eat or drink anything after midnight the night before your surgery, including water, juice, coffee, chewing gum, mints, etc. Do not drink alcoholic beverages or take recreational drugs 48 hours prior to surgery.

Smoking: Do not smoke immediately before or after your surgery/procedure.

Aspirin: Do not take aspirin products for one week before and after surgery/procedure unless otherwise instructed by your physician.

Your Health: Notify your physician of any change in your physical condition, such as cold, fever, sore throat, rash or flu.

Clothing: Wear comfortable loose fitting clothes that are easy to slip on and off.

Valuables: Leave jewelry, watches and other valuables at home. The Surgery Center is not responsible for lost or missing items.

What to Bring: Bring your ID, insurance card and/or expected means of payment (when appropriate), as well as any advance directive, healthcare power of attorney or applicable guardianship papers. Prostheses, contact lenses, hearing aids, jewelry, body piercing, wigs, hairpins, makeup etc. will be removed before entering the operating room. Bring along reading glasses and appropriate storage containers for these items, they will be given to your driver for safe keeping.

CPAP: If you have sleep apnea, please let us know. If you use a CPAP machine, please bring this with you on the day of surgery.

Your Escort: Your safety requires you to have a responsible adult accompany you to the surgery center and back home after surgery. This adult must remain at the surgery center at all times. If your surgery necessitates general anesthesia, please make arrangements to have a responsible adult stay with you for 24 hours following your surgery.

Children: If your child is to undergo surgery, bring along a favorite small, soft toy or blanket. All minors must be accompanied by a parent or guardian. The parent or guardian must remain on the Surgery Center premises at all times.

Day of Surgery/Procedure

Pre-Operatively

- Do not use lotions, gels, hairspray, cologne, perfume, deodorant or powders the day of surgery.
- You will change into a patient gown and empty your bladder. Female patients will provide a urine sample.
- A specialty nurse will prepare you for surgery.
- Your anesthesiologist will discuss your anesthetic plan with you and answer any questions you may have.

Post-Operatively

- Following your surgery, you will be transferred to Recovery where the specially trained nursing staff will monitor your recovery. All of our recovery nurses are certified in Advanced Cardiac Life Support (ACLS).
- Recovery and discharge time will vary depending on the type of surgery performed and/or anesthesia administered.
- It is common to feel drowsy, dizzy or nauseous following anesthesia. These are normal side effects of anesthesia and may last for 12 to 24 hours after surgery.

For more information on our facility’s insurance forms and Pre-Op/Post-Op, please go to our website at www.LakesSurgeryCenter.com

When You Get Home

- Written and verbal discharge instructions will be provided for post-operative recovery. Please follow these instructions regarding diet, rest, activities and medications for a speedy recovery.

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At Lakes Surgery Center, we specialize in hundreds of different outpatient surgical procedures performed on a routine basis. Our specialties include:

- Cosmetic Surgery
- ENT
- Gastroenterology
- General
- Gynecology
- Hand
- Lithotripsy
- Ophthalmology
- Oral
- Orthopedic/Sports Medicine
- Pain Management
- Podiatry
- Robotic Surgery
- Spine
- Urology

Our physicians must pass a rigorous credentialing process and demonstrate proficiency in the procedures they perform before their privileges are granted at Lakes. Many of Lakes’ physicians have been voted as “Top Docs” in Hour Detroit Magazine.

The center includes four operating rooms, two procedure rooms, examination rooms, pre-operative/recovery areas and a large reception area. We are licensed by the Commonwealth of Michigan and are fully accredited by the Joint Commission for Accreditation of Healthcare Organizations.

Your Surgery/Procedure Info

Surgery/Procedure:

Date of Surgery/Procedure:

Physician:

A Surgery Center nurse will contact you with your arrival time for your surgery/procedure.

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West Bloomfield, MI 48323
Phone 248-896-6300
www.LakesSurgeryCenter.com